

Veterans & Family Support

Thank you to all that had their bi-annual reports turned in on time, lots of work has been done so far. Winter is upon us and it looks like the cold has finally set in. (boo) Think about what kind of projects or donations goods or monetary that would benefit veterans and their families during this time of year. Food pantries, clothing closets, VCP in Kansas City for homeless veterans, etc. There are so many different ways we can make an impact, we just have to *Band Together* and do it! Refer to the following page for a list of items being requested by the Ft. Riley SRU. You can bring any items you have to the Department Mid-Winter in January for them to be collected. Don't forget about the qualifications for a Department Award for this program:

#1 is a citation for Auxiliaries that donate at least \$10 to each of the following programs:

- National Veterans Services
- Military Assistance Program
- Suicide Prevention and Awareness
- Sport Clips© Help a Hero Scholarship
- Unmet Needs

#2 is a citation to Auxiliaries that host an activity or event to promote and support the 3 Veterans and Family Support program goals of Military Support Programs, National Veterans Services, and Mental Health Awareness & Suicide Prevention.

Word Jumble

These words have been used in previous Sunflower Express articles or Program Book:

IBADNNG HOGTETRE _____ LMATA _____

DLSOTRNHGO _____ LEPH A RHOE _____

CDSIUIE NRPVEINENTO _____ MUTNE ESEND _____

EESVICR IFOCFRE _____ TERVEASN IVCOES _____

Bring your completed puzzles to the Department Mid-Winter Meeting in January for a chance to win a prize!

Dec. 7th is Pearl Harbor Remembrance Day as it is the anniversary of the attack that entered the US into WWII.

Dec. 13th is the National Guard Birthday.

Dec. 16th is Wreaths Across America Day, an annual ceremony to lay wreaths at military graves.

Dec. 20th is the Space Force Birthday.

Laura Gulley

8636 Walmer St, Overland Park, KS 66212913-302-1289Lmg983.Lg@gmail.com

Ft. Riley Soldier Recovery Unit Is looking for donations.

Bring any items to the Department Mid-Winter meeting for them to be collected and delivered. If you would like to deliver them yourself, that is also a possibility.



Kitchen Utensils



Shampoos and soaps-NOT travel size



Cookie Sheets



Coffee pots & Toasters



Pots & Pans



General Cleaning Supplies



Crockpots



Silverware



Electric griddles

They are looking for new or gently used items, if in doubt, just ask yourself
“would I like to get this item from someone?”